

REGIONAL COMMITTEE MEMBER
Monthly Regional Area Report

Regional Area: We Do Recover Online (WDRO)

RCM Name: Debe N.

Last ASC Meeting: April 1, 2021 **Next ASC Meeting:** May 6, 2021

For WDRO area April 1, 2021

Opening balance: \$178.69

Income: \$243.00

Regional donation : \$80.00

Literature purchase: \$0

Expenses: \$140.00

Closing Balance: \$201.69

Positions Vacant: We are open to have HIPR Chair/committee, and we are using our GSL to work with groups as needed. Our GSL has created a flyer for PR chair. (See under general informarion.)

Issues of Concern: 1. The "Message In The Music" meeting wants to know the policy, how does ASC determine what meetings are sanctioned NA meetings.

2.. The Message In The Music meeting would also like to know why the meeting was just removed from the directory with no vote/etc, just the time/day are still in the slot, not only did they take the name off without letting us know, they took off the info from the regional directory.

Resolution:

1

In the WDRO policy I found this:

Meeting/Group: Any meeting online of two or more recovering addicts who meet regularly at a specifically scheduled time and location for the purpose of recovery from the disease of addiction. The 12 Steps, ***12 Traditions, and 12 Concepts of Narcotics Anonymous (NA) bind all NA groups***. Each group has but one primary purpose: to carry a message to the addict who still suffers. NA groups are open to anyone regardless of age, race, sexual identity, creed, religion or lack of religion. There is only one requirement for membership: the desire to stop using.

***WHAT IS AN NA GROUP?** When two or more addicts come together to help each other stay clean, they may form a Narcotics Anonymous group. Here are six points¹ based on our traditions which describe an NA group:

1. All members of a group are drug addicts, and all drug addicts are eligible for membership.
2. As a group, they are self-supporting.

3. As a group, their single goal is to help drug addicts recover through application of the Twelve Steps of Narcotics Anonymous.

4. As a group, they have no affiliation outside Narcotics Anonymous.

5. As a group, they express no opinion on outside issues.

6. As a group, their public relations policy is based on attraction rather than promotion

(The points that are bold and underlined in italics are what were brought up at region on March 28, 2021 and they were others discussed at length on at the Region on March 28, 2021, and at WDRO Area in February 2021 and March 2021 when I was present.)

Also the group guide says we only use NA literature in our meetings:

<https://na.org/admin/include/spaw2/uploads/pdf/handbooks/IGG.pdf>

Format for an NA Meeting

Narcotics Anonymous meetings follow a consistent format and often center around a topic of recovery called open discussion meetings. Other NA meetings might include a literature discussion, speaker meeting, or the Twelve Steps/Twelve Traditions/Twelve Concepts studies.

Format for an NA Meeting

Narcotics Anonymous meetings follow a consistent format and often center around a topic of recovery called open discussion meetings. Other NA meetings might include a literature discussion, speaker meeting, or the Twelve Steps/Twelve Traditions/Twelve Concepts studies.

Only Narcotics Anonymous Conference or Fellowship-approved literature and tapes are used in NA meetings. This is to ensure a clear, consistent, and focused message of recovery.

Meetings usually last an hour or an hour-and-a-half, and it is important to start and end them on time.

Different Types of NA Meetings

Speaker Meeting

In a speaker meeting, one or more NA members share their experience, strength, and hope.

This tends to lay out some basic symptoms and characteristics of the disease, and to show how NA has brought about recovery. A narrative of events accomplishes little, but a sharing of feelings, self-image, turning points, new awareness, etc., carries a message of recovery.

Open Discussion Meeting

Topics should be chosen carefully with the Twelve Steps, Twelve Traditions, and Twelve Concepts in mind. There are a multitude of topics that relate to our personal recovery in NA. It is important to remember that recovery from addiction is our purpose for attending meetings and to choose topics accordingly. The following list is only a beginning point. Many other recovery-based topics come to mind as the group develops and meets the needs of its members. This is to ensure a clear, consistent, and focused message of recovery. Meetings usually last an hour or an hour-and-a-half, and it is important to start and end them on time.

Different Types of NA Meetings

Speaker Meeting

In a speaker meeting, one or more NA members share their experience, strength, and hope.

This tends to lay out some basic symptoms and characteristics of the disease, and to show how NA has brought about recovery. A narrative of events accomplishes little, but a sharing of feelings, self-image, turning points, new awareness, etc., carries a message of recovery.

Open Discussion Meeting

Topics should be chosen carefully with the Twelve Steps, Twelve Traditions, and Twelve Concepts in mind. There are a multitude of topics that relate to our personal recovery in NA. It is important to remember that recovery from addiction is our purpose for attending meetings and to choose topics accordingly. The following list is only a beginning point. Many other

recovery-based topics come to mind as the group develops and meets the needs of its members.

2. _____

General Area Information:



Please come join us for another online event of fun and fellowship.

We can meet on the 8pm meeting and stay for game night right after.

Our last trivia night was fun so let's make this even better!
Everyone is welcome... don't forget the snacks!

FOR INFO:
Risa P., Recreation & Activities
@ risapoe@me.com
773-407-7472

When: April 24, 2021
Zoom ID: 560-534-7763
Password: KCB123 (all caps)



-Anyone Wanting to be of service, no clean time required, come join the Activities and Receptions subcommittee and help plan fun events for this online platform. Please feel free to text or call Risa P. @ 202-709-7472 and she will fill you in, its easy and fun!





**We Do Recover Area is looking for a
Public Relations Chair.
2-year clean time requirement.**

FOR MORE INFORMATION, PLEASE CONTACT
Charles G.
@ 773-708-0692

**-What is CBDM?
Is it a type of dance music?**

A super high-tech radio?

Or a better way to run business meetings?

Find out on May 2nd at 7pm on ZOOM

Meeting ID: 560 534 7763

Password: KCB123

Meeting is approx. 90 minutes

Please pass it on

-The next area meeting for We Do Recover Online Area will be on Thursday, May 6th at 7:30pm CST in a breakout room on our regular meeting platform. Please attend if you'd like to see how the money is spent, how business is conducted, and weigh-in on discussions.

Meeting ID 560 534 7763

Password: KCB123

Policy/Legislation subcommittee meets the first Thursday of every month at 6:00pm CST before area. Please come out and get involved.

Same ID 560534 7763

Same Password KCB123