

**HAPPY NEW  
YEARS !!!**



# January 2011

Volume 1, Issue 1

January 2011

## Mid-City Area Newsletter

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## Forgiveness By Tony W.

As the New Year comes in, let us all focus on being more Forgiving. Forgiveness is the key for the New Year.

Let go of anything that is hindering your growth. I feel that GOD wants us to really apply this in our lives even more now.

I forgive and love all of those that turned their backs on me, lied to me, played and cheated on me, hurt me, talked bad about me, tried to harm me, betrayed me, deceived me, hated on me, plotted on me, used me, abused me.

I forgive you all and so will God. So now is truly the time to let go and let GOD. Forgiveness is not even about the other person or persons who caused you any hurt, harm or pain. It's for you.

Happy New Year and if I caused anyone to feel anyway I described above, I say Please Forgive me.

## Just for Today

### Forgiveness      January 17

*“As we realize our need to be forgiven, we tend to be more forgiving. At least we know that we are no longer intentionally making life miserable for people.”* **Basic Text, 38**

In our addiction we often treated others badly, sometimes deliberately finding ways to make their lives miserable. In our recovery, we may still have a tendency to pass judgment on other's actions because we think we know how that person should behave. But as we progress in our recovery we often find that, to accept ourselves, we must accept those around us. It may be difficult to watch as someone's insanity manifests itself. But if we detach ourselves from the problem, we can start living in the solution. And if we feel affected by another's actions, we can extend the principle of forgiveness.

**Just for today :** I will strive to forgive rather than be forgiven. I will try to act in such a way that I feel worthy of self-love.



**“TRUSTED SERVANTS BEWARE” OF THOSE MEMBER'S CHOOSING NOT TO BE RESPONSIBLE TO THE N.A. PROGRAM. A MISTAKE IS ONLY A MISTAKE WHEN YOU DON'T LEARN FROM IT.” HOWEVER” WHEN MEMBERS CHOOSE TO CONTINUE THEIR SELFISH BEHAVIOR, WITH THE SERVICE COMMITMENT THEY HAVE BEEN ENTRUSTED WITH EFFECTS**

**N.A. AS A WHOLE .THERE IS A MID-CITY AREA MEMBER WHO IS MISAPPROPRIATING N.A. FUNDS ,**

*Misappropriate : to take or use wrongly or to dishonestly esp. money in which one is entrusted or to us improperly.*

**“THERE IS A MEMBER” Phillip H. N.A. funds are to be used to further our primary purpose and must be managed responsibly...**

Chairperson - Rodney M..  
 Co- Chair -Madalyn B.  
 Secretary - Terry B.  
 Treasurer- Rob J.  
 H & I Chair- Brian D.  
 Literature Chair DeDe  
 Policy & Administration Chairperson-  
 Yulanda T.  
 Rec & Activities Chair Samantha T.  
 Public Relations Chair- Open



Here's My Hand,  
 Let Me Help You Learn To Help Your-  
 self!!!



## Meetings in Dire need of Support and Trusted Servants...

Little Girl's Grows Up. Women's  
 Issues Meeting. 2622 W. Jackson.  
 Saturday, 1:00pm to 3:00pm Needs  
 Support and Trusted Servants.

Choices Matter 4032 W. Vanburen  
 Tuesday 5:00pm to 6:30pm. In need of  
 Support and Trusted Servants

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**We Must Always Remain Grateful,  
 Thankful and Selfless in Our New Way  
 of Life!!!  
 All We Have Is...  
 "Today"**

New Meeting of Narcotics Anonymous  
 Just Beginning No End. 911 S. Kedzie  
 Tuesday Night @ 6:00pm-7:30pm.  
 Format: It Works How and Why study  
 and Speaker .

Clean And Progressive @ Mt Sinai  
 Church, 2841 W. Washington. Mon-  
 day ,4:30pm to 6:00pm. In dire need of  
 Support and Trusted Servants.

## Word from your editor...

Happy New Year to each and every  
 one. Hope everyone had a peaceful  
 and joyous new years. This year I'm  
 asking members for more input on  
 our newsletter. Last year was a very  
 successful year for the newsletter we  
 would like this year to be even better.  
 Therefore I will like to welcome  
 Robert M. as a new committee mem-  
 ber for this years newsletter. To make  
 the newsletter a success we must

come together with as much informa-  
 tion as we can to have another suc-  
 cessful year. Therefore we are looking  
 forward to all anniversaries, clean  
 dates, birthdays, poems, stories, cli-  
 ché, anything that you may think of  
 for your newsletter. You may submit  
 any information that you think will  
 be good for the newsletter to email  
 address, rm848dn@yahoo.com or king-  
 bee1226@earthlink.net.

Thank you for all the support that has  
 been given for a successful newsletter.  
 In Loving Service  
 Booker P.

**Each One...  
 Teach One...  
 But First We Must...  
 Reach One!!!**

## Birthday Dates...

Katrina W. 12/19  
Ron C. 1/27  
Tony P. 2/7  
Carlos R. 2/8  
Wakisha T. 2/10

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## Clean Dates...

Teresa B. 11/5 2yrs.  
Voula T. 12/13 1yr.  
James M. 12/18 1yr.  
Greg S. 12/19 3yrs.  
Darnell B. 12/16 1yr.  
Monique W. 1/1 1yr.  
Ron C. 1/1 9yrs.  
Calvin G. 1/2 1yr.  
Daria w. 1/7 9yrs.  
Katrina W. 1/19 11yrs.  
Tawana P. 1/6 6yrs.

DeDe 1/8 5yrs.



## Upcoming Events...

The World Convention Of Narcotics Anonymous: In The Spirit of Unity  
WCN.A 34 San Diego, California  
September, 1st-4th 2011.



Reach Out & I'll Be There.

The Monthly Social will resume at a later date.



## Mid-City Area Newsletter

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## Dare To Be Me

We eventually have to stand on our own feet and face live on its own terms, so why not from the start. Life happens with or without our permission. The truth is the truth if we want to accept it or not. In the first step it clearly states that we must accept our addiction and life the way it is. We become willing to do whatever is necessary to stay clean, even the things we don't like doing.

Honesty is important. I don't all ways have to expose my life in a meeting and to everyone I meet, but I must be able to be honest with myself. I must be able to look at what is going on in my life and face it. If my mate and I are no longer being honest with each other about the direction and turns our relationship is taking, do I keep trying to make a failed relationship work? Does the fact that I want it to work so badly change the fact that it is not working or am I living in fear? There is nothing anyone can tell me or say to me about this situation. I don't want to see what is happening around me. Our lives have taken a turn and we are moving apart? The realm of possibility is infinite. The reasons I tell myself I must stay can be endless. ***Life has happened without my permission.***

The truth of the matter the more I give the more they will take of me. There are other things that are true. The more of myself I give away, the less self esteem I feel, and self worth I have. The more hurt I accept and more hurt will be given. Can we blame a person we place expectation on for being who they are, or do we take responsibility for ourselves? After all can we blame a meat eater for eating meat or is it in our best interest to make sure the meat being eaten isn't our tail.

We learn in the program to see life for what it really is and not what we want it be. We can refute the truth but that will not change it. We get honest about our life and addictions the way they are. We surrender to the truth and gain some acceptance about the truth we discover. From this point we can stand on our own feet and face live on its own terms. If we work the steps we meet a stranger and that stranger is ***you.***

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