



APRIL 2011

Volume 1, Issue 1

April 2011

Mid-City Area Newsletter

Poem For MARVELL H.,

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NA WAS YOUR FRIEND AND LOVER AND MOTHER AND FATHER, BROTHER AND SISTER. THAT'S WHAT NA HAD MEANT TO YOU. .

YOU STAND 5"7' AND 170% OF N.A.
 YOU GAVE N.A. ALL OF YOU. WITH LOVE AND CARE, YOUR HEART WAS BIG THE DAY YOU WALKED IN MY LIFE AND THE ROOMS OF N.A. SO HAPPY WITH JOY AND LAUGHED SAYING FAMILY I MAKE A LOOOT OF MEETINGS, AND YOU MEANT IT. N.A. MADE YOU GRATEFUL TO BE A PART OF SOMETHING IN LIFE AND IN N.A. YOU FOUND IT.

Many Things Happened In Your Life.
 BUT YOU ALWAYS MADE YOUR WAY TO N.A. WE BUILD A HOUSE OF BRICKS THAT IS SO STRONG THAT NO ONE IN CAN TEAR DOWN. N.A. IS BUILT ON THE 12 STEPS AND 12 TRADITIONS. THE WE OF THE PROGRAM IS HOW IT WORKS. WE STAND TOGETHER IN OR ONE WILL FALL.

Love You Gave Me When You Walked Into N.A.
 YOU FOUND N.A. R.I.P. MARVELL H. N.A. LOVES YOU FOREVER!!!

Submitted by Cassie J.



Reach Out & I'll Be There.

MISAPPROPRIATING...N.A. FUNDS!!!
"TRUSTED SERVANTS BEWARE" OF THOSE MEMBER'S CHOOSING NOT TO BE RESPONSIBLE TO THE N.A. PROGRAM. A MISTAKE IS ONLY A MISTAKE WHEN YOU DON'T LEARN FROM IT." HOWEVER" WHEN MEMBERS CHOOSE TO CONTINUE THEIR SELFISH BEHAVIOR, WITH THE SERVICE COMMITMENT THEY HAVE BEEN ENTRUSTED WITH EFFECTS N.A. AS A WHOLE .THERE ARE TWO MID-CITY AREA MEMBERS WHO

ARE MISAPPROPRIATING N.A. FUNDS ,
Misappropriate : to take or use wrongly or to dishonestly esp. money in which one is entrusted or to us improperly.
"THERE ARE TWO MEMBERS"
Phillip H.& Deloris O.
 N.A. funds are to be used to further our primary purpose and must be managed responsibly...

New Committee Members

Chair: Rodney M.
 Co-Chair : Madalyn B.
 Secretary: Terry D..
 Treasurer Chair : Rob J.
 Regional Committee Member : Open

Sub-Committees :
 H & I Chair: Brian D.
 Literature Chair : DeDe
 Policy & Administration Chair :
 Yulanda T.
 Recreation & Activities Chair :
 Samantha T.
 Public Information Chair : Open

Each One...
 Teach One...
 But First
 We Must...
 Reach One!!!



Here's My Hand,
 Let Me Help You Learn To Help
 Yourself!!!

Meetings in need of Support...

U Can't Touch This 4458 W. Jackson ,Tuesday @ 7:00 pm to 9:00pm. In dire need of Trusted Servants and Support.

Recovery By Any Means Necessary at 2425 West Jackson Saturdays 3pm to 5pm.

Fresh Start IP Meeting 2622 W. Jackson ,Thursday @ 6:00pm to 7:45pm. In dire need of Trusted Servants and Support.

For The Newcomer at 4458 West Jackson Thursdays 7 pm to 9pm This meeting is in dire need of Support and Trusted Servants.

We Must Always Remain Grateful,
 Thankful and Selfless in Our New Way
 of Life!!!
 All We Have Is...
 "Today"

Choices Matter 4032 W. Vanburen , Tuesday @ 5:00pm to 6:30pm. In need of Trusted Servants and Support.

QUOTES FOR TODAY...

Live simply. Speak kindly. Care deeply. Love generously. The happiest people don't have the best of everything. They make the best of everything. Love life!

There is a Higher Power and a lower power, and they both want to rule the self, and the one who will win, is the one you feed the most!

Seek balance in the clash and turmoil of contradictions. Try to experience work, fun, sleep, meditation, love, inner growth: find integrity in seeking balance!

Just for today: In my heart, I know that meetings benefit me in all kind of ways. Today, I want what's good for me. I will attend a meeting.

Just for today: I pray for the willingness to change my old ways of thinking, and for the ability to overcome my fears.

Just for today: It's okay to feel my feelings. With the help of my sponsor, my NA friends, and my Higher Power, I am free not to act out my negative feelings.

Birthday Dates...

April :

Simon J. 4 / 6
 Louis P. 4 / 7
 Tammy P. 4 / 15
 Kim D. 4 // 26
 Marshall W. 4 / 22
 April S. 4 / 23
 Cleveland B. 4 / 25
 Stanley M. 4 / 29

May:

Levi S. 5 / 3
 Tyrone B. 5 / 5

Wedding Anniversary

Simon J. 4 /15 41 yrs.



Clean Dates...

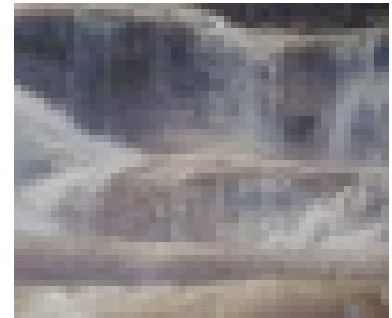
April :

Chris D. 4 /1 14 yrs.
 Lamont T. 4 /4 6 yrs.
 Marshall W. 4 / 5 12 yrs.
 James B. 4 / 7 2 yrs.
 Demetruis G. 4 / 13 17 yrs.
 Henry H. 4 /10 13 yrs.
 Payton T. 4 / 26 18 yrs.
 Russell W. 4 / 10 7 yrs.
 Vicky B. 4 / 11 23 yrs.

Lamont H. 4 / 13 9 yrs.
 Barbara M. 4 / 30 15 yrs.

May:

Reese 5 / 1 19 yrs.
 Rock 5 / 1 18 yrs.
 Laurice B. 5 / 5 22 yrs.
 Tammy P. 5 / 7 4 yrs.



Events..."MID-CITY MONTHLY SOCIAL"

" "THE MONTHLY SOCIAL "

The fourth Friday of the month @
 Mount Vernon Community Center
 2622 W. Jackson Blvd. Chicago IL
 The dance starts @ 9:00pm. Cost is
 \$5.00 @ door. Come out and Fellow-
 ship, dance, play cards and have
 some clean fun!!!



Reach Out & I'll Be There.

LITTLE GIRLS GROW UP!!!

*F & E Committee Cordial Invites
 You To Spend An Evening Of
 Elegance @ "PROM NIGHT " April
 30th Twenty Thousand And Eleven
 2622 W. Jackson ... JLM Life Center.
 Crowning of The KING & QUEEN...
 Tickets are available....*

**Upcoming Events: May 14th, Yacht
 Party, June 15th 70's Party.....**

Mid-City Area Newsletter

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Maywood, Illinois
On The Fifth Floor
Suite 501

Acting Newsletter Chair :
Booker P. Contact 773.563.2461
Incoming Chair : Robert M.



What does It Really Mean?

I ask myself at times what does it really mean, things like recovery, living in reality, surrender, having faith, trust, having a personal relationship with God and belief in that God. I have spoke to many people about it and they all have different answers. Sometimes the answers are similar to what I think but many times the answer come from the way they view things. So I must review what these things mean for me. It is clear that we all can use the same principles differently, but that doesn't matter, what matters is the outcome.

The book says recovery is an active change in our ideals and attitudes. If I am thinking in the same old manner and

behaving in the same patterns I did when I was using is that recovery? The first step clearly states that the way I think must change or I will go back to using. (Drugs, people, money, food, myself, and anything to change the way I feel.) That step also says "We must accept our life and addiction the way it is." I have to surrender to the truth of whatever I am facing that causes me to want to fix myself. We can't change the people and situations in our life, but we can change our perceptions.

You are going to believe in something so why not put your faith in the process? If you have believed in people what has it got you? I could bring up many other things we have put our faith in that did not pan out, but to what

end we all know the answer. We have all trusted someone or something but to what avail? Trust the process.

Our relationship with the God of our understanding is too personal for words and all of us do it differently, because we see it differently. The book says we live what we believe. We can say anything, but the way we live reveal the truth of what we believe. Stop lying to yourself and stop lying on God and accept yourself, your true self for better or for worst. Dare to be who you are and live what you believe. Your real value is in being yourself. Trust the process. It doesn't matter what anything means to me it what it means to you .