

JULY 2010

Volume 1, Issue 1

JULY 2010

Mid-City Area
Newsletter

Inside this issue:

Announcements	2
Just For Today	2
Birthdays	3
Clean Dates	3
Events	3
Contact Information	4

A New Year & New Look!!!

Stepping UP

We have all heard of the many and varied problems that Mid-City Area is now faced. There are many stories going around in relations to those problems. There are varied opinions surrounding the cause of how and why we found ourselves in this situation. Some of the things angered me. We all have been there. However, recovery leads me to remember to live in the solution and not dwell in the problem. I asked myself to consider the source. Did the information come from someone who regularly attends the area or if they attend area at all? Was the information fact, fiction, or hearsay? Recovery allowed me to recognize that if we want change we need to step-up. In stepping-up we can only come to one realization,

if there is a change we must take part in it. We must re-fashion Mid-City area from being a joke to a vision of hope. Our focus must be on what we need to do to contribute to the realization of this for the Mid-City Area being a functioning area. Our focus must be what needs to be done to be insure there is an N/A program for the future addict's, while serving the needs of those who are currently in the fellowship. I ask, I encourage, and I hope that the members of the Mid-City Area step-up. We can choose to be part of the problem or a part of the solution. Let's step up to support area by showing up to represent our groups. Provide the correct and current information related to Mid-City Area issues, to provide the two-way information flow from the groups to area and back to the groups. We step-up by providing area donations, support

Mid-City activities like the monthly social , functions presented by Ad Hoc and other committees. Stepping up is much more than monetary support like buying Tee shirts to support the picnic or making donations from special group events to benefit H&I and the phone lines. Stepping up may mean to contributions of your time and labor to insure that the desired effect is realized like, the social happens, and the food is prepared the equipment is moved cleaned and stored. If we choose not to step up the price we pay will have a negative not just for today ,but also for the future. This negative effect of non-action goes far beyond anything we can imagine. Step-up as individuals and step up as groups because your actions determine if we sink or swim. Only one thing is sure our lives and future are in our hands.

A Word From The Editor...

I would like to thank each and every single member in the Mid-City Area for allowing me to be your newsletter chair. I'm hoping this newsletter has touched every recovering addict. This has also helped me in my recovery. I will also like to thank all the members who helped in submitting articles, poems, anniversaries, and quotes for the newsletter. We are thankful for all the members for sharing your experience, strength, and hope for every issue of the newsletter. May your Higher Power bless you beyond what words could ever say.

In Loving Service, your Chairperson

Booker P.

New Committee Members

Chairperson - Archie B.



**Here's My Hand,
Let Me Help You Learn To Help
Yourself!!!**

Secretary - Michelle

Rec & Act - Tim H.

Ad/ Hoc Chair - Staci W.

Literature Chair Deidra

Public Relations Chair Keno X

H & I Chair Brian D.

Policy & Administration Chair Open

RCM Aide Open

RCM Chair Open

Meetings in need of Support...

U Can't Touch This 4458 W. Jackson, Tuesday @ 7:00 pm to 9:00pm. In dire need of Trusted Servants and Support.

For The Newcomer at 4458 West Jackson Thursdays 7 pm to 9pm.

A Safe Place at 321 North Mason Fridays 7pm to 9pm. In need of Trusted Servants also.

Recovery By Any Means Necessary at 2425 West Jackson Saturdays 3pm to 5pm.

Fresh Start IP Meeting 2622 W. Jackson, Thursday @ 6:00pm to 7:45pm. In dire need of Trusted Servants and Support.

Choices Matter 4032 W. Vanburen, Tuesday @ 5:00pm to 6:30pm. In need of Trusted Servants and Support.

**We Must Always Remain Grateful,
Thankful and Selfless in Our New Way
of Life!!!
All We Have Is...
"Today"**

...Just For Today Meditation...Giving it away.

"We must give freely and gratefully that which has been freely and gratefully given to us." **Basic Text, p.47**

In recovery we receive many gifts. Perhaps one of the greatest of these gifts is the spiritual awakening that begins when we stop using, growing stronger each day we apply the steps in our lives. The new spark of life within is a direct result of our new

relationship with a Higher Power, a relationship initiated and developed by living the Twelve Steps. Slowly, as we pursue our program, the radiance of recovery dispels the darkness of our disease. One of the ways we express our gratitude for the gifts of recovery is to help others find what we've found. We can do this in any number of ways: by sharing in meetings, making Twelfth Step calls, accepting a

commitment to sponsorship, or volunteering for H&I or phone line duty. The spiritual life given to us in recovery asks for expression, for "we can only keep what we have by giving it away."

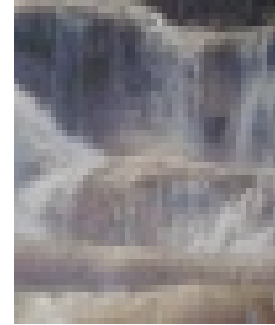
Just for today : The gift of recovery grows when I share it. I will find someone with whom to share it

Birthday Dates...

July Dates:

Michelle R. 07/02
 Lloyd M. 07/02
 Ray S. 07/09
 Don T. 07/11
 Ray R. 07/09
 Alonzo C. 07/14
 Dewayne G. 07/16
 Allis G. 07/23
 Calip C. 07/25
 IVC. 07/25
 James W. 07/25

Booker P. 07/26
 Shermanda P. 07/28
 Gloria M. 07/30
 Demetrius G. 07/31



Clean Dates...

July Dates:

Martin C. 07/3 7yrs.
 Darryl R. 07/4 15yrs. De-
 nise D. 07/4 16yrs.
 Walter M. 07/9 16yrs. De-
 nise D. 07/4 6yrs.
 Louis P. 07/9 11yrs.

Wade M. 07/9 5yrs.
 Greg G. 07/11 18yrs
 Chuck S. 07/19 15yrs.
 Simon J. 7/23 2yrs.
 Alcelia B. 7/28 3yrs.

**Each One...
 Teach One...
 But First
 We Must...
 Reach One!!!**

Events... "MID-CITY AREA PICNIC AND THE MONTHLY SOCIAL"

MID-CITY AREA PICNIC!!!!

Location @ Columbus Park
 Refectory/ Golf Course, on Jackson
 1 Block West Of Central.
 Time 10:00am—7:00pm
 Saturday, July 24th We are in
 need of volunteers to help make this
 a successful event. You may contact
 Staci W. AD –HOC Chair@
 773.524.8354.



Reach Out & I'll Be There.

THE MONTHLY SOCIAL !!!!

Will be held @ 2950 W. Washington
 Martin Luther King's Boys Club.
 Saturday, July 24th @ 9:00pm to
 2:00 am. The cost of the dance is
 \$5.00 all night. This event will be
 after the picnic.

Mid-City Area Newsletter

1701 South 1st Avenue
Maywood, Illinois
On The Fifth Floor
Suite 501

Newsletter Chairperson Booker P.
Phone: 312-371-1213
Co-Chair Ray S

We are on



We



That Look!

I was introduced to NA in November 2000 when nothing else had worked for me, though I thought I had it all under control. I did not stay, but there was something that troubled me at that meeting. I saw peace and serenity in the eyes of those addicts, or maybe it was calmness or hope. I don't know; I have never found the words since then to explain "that look" that so many of you know so well. Two months later I had to go to a detox, by imposition of my fiancée at the time. When I left the clinic I searched for what had caught my attention there and in NA. I went to different meetings in town and stuck with members who had that look. I found out they were the ones who were available to help, who were trusted servants in their groups and regional functions. Above all, they kept their commitments with their families.

In the beginning, I did the best I could just to stay close to them. I raised my hand for my first position in my home group, and got subsequently involved in many different services to the NA Fellowship. The type of service I like most are for my home group and those related to events. I've had three sponsors along the journey. They all taught me a lot of service and helped me with the steps and my life. Although I go to as many meetings as possible, I always preserve my life as a productive citizen. In May 2003 I married the most wonderful person my HP has put in my path. In December 2006 I got a university degree in my hometown. In July 2007 I received another gift—my son, who is playing with his toy car right beside me as I write this. Maybe he has inspired me to write these lines.

A moment ago, while he was playing and I was reading the latest *NA Way*, I went to the bathroom to wash my face and noticed a look in the mirror just 24 hours ago I was looking for in other people's faces. I realize when I practice the principles in all areas in my life and have had a "spiritual awakening" as a result of these steps, and when I try to carry this message to another addict, I get everything I have ever dreamed of. All this I owe to and share with you. I see life from another perspective, and now I even have "that look."

Sidney L, Jundial, Brazil