

JUNE 2010



Volume 1, Issue 1

June 2010

Mid-City Area Newsletter

"Never Again"... Tony W.

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I've heard it said that you should Never say Never. I say it all the time because I know what my GOD has brought me out of. When I say That I'll Never use again, I mean it.

On page 92 of The Basic Text, it states with the help of our Higher Power we Never have to use again. I believe that with all my heart. This is a true statement because if you Trust and Believe that your higher power knows what's best for you, then you should have no problem accepting this as a fact.

There are many more never's in the Basic Text like we have never seen a

Person relapse who lives the NA program. Or relapse is never an accident.

You should never be afraid to say or use the word Never. I know that since I have been on this journey things have gotten so much better in my life.

I never want to go thru all the pain and misery I put myself in when I was using drugs.

So remember this, if your mind can conceive it and in your heart you believe it, then you can achieve it. Just For Today I want you to continue to Trust and

Believe your Higher Power. HE didn't bring you this far to leave you now.

You must remain Willing to do whatever you got to do to stay on top of your recovery.

Never Again!!!



.Dear Mid-City Area, My name is Stephanie M. I'm from the Mid-City Area. It was a time where I was a strong member of Narcotics Anonymous. I was the Chairperson for By Any Means Necessary group, and G.S.R for Came To Believe group. I stepped down from service work and from Narcotics

Anonymous because of the rumors, and when I stepped down I left the group with no one to pick up where I left off. The purpose of this story is to let Mid-City know I apologize for leaving the groups like that. I'm back, some members tried to get me to step down being G.S.R-aide by spreading rumors about me already. Not

this time. I'm sticking and I'm staying. I owe myself and Mid-City my faithfulness and time So in closing it's gonna be alright I love Mid-City Area .Mid-City Area keep loving me !!!

Stephanie M.

Chairperson - Archie B.

Policy & Administration - OPEN

Regional Committee Member Chair
OPEN

Co-Treasurer - Emmett L.

Secretary - Michelle

Brian D -. H & I Chair

Rec & Act - Tim H.

Keno X Public Relations Chair

Ad/ Hoc Chair - Staci W.

Literature Chair - Deidra.

Meetings in need of Support...

Little Girl's Grows Up. Women's Issues Meeting. 2622 W. Jackson. Saturday, 1:00pm to 3:00pm Needs Support and Trusted Servants.

Choices Matter 4032 W. Vanburen Tuesday 5:00pm to 6:30pm. In need of Support and Trusted Servants

^^

For The Newcomer at 4458 West Jackson Thursdays 7 pm to 9pm.

A Safe Place at 321 North Mason Fridays 7pm to 9pm. In need of Trusted Servants also.

*We Must Always Remain Grateful, Thankful and Selfless in Our New Way of Life!!!
All We Have Is...
"Today"*

Recovery By Any Means Necessary at 2425 West Jackson Saturdays 3pm to 5pm.

Beginner's are Winners at 645 South Central Saturdays 7:30pm to 9:30pm Also in need of Trusted Servants.

The Mid-City Annual Picnic will be held on July 24th, 2010 @Columbus Park on Jackson and Menard in the park. We are in need of volunteers to help set up, to cook, to serve, and to clean up. We may also need donations. For more information contact Staci W. at (773) 524.8354.



**NA Picnic Time!!!
Y'all Ready...**

Birthday Dates...

May Dates

Levi S. 5/03
Keith F. 5/06
Melanie P. 5/17
Lawrence B. 5/18
Vincent J. 5/20
Gwen G. 5/23
Johnny C. 5/20

June Dates

Ed J. 6/04
Denise D. 6/12
Kimberly B. 6/12
Demetress W. 6/14
Sabrina M. 6/17



Clean Dates...

May Dates

Sheldon W. 5/05 6yrs.
Keith D. 5/12 16yrs.
Dre C. 5/18 6yrs.
Ken C. 5/21 21yrs.
Rennetta J. 5/22 1yr.
Eric L. 5/24 15yrs
Joyce E. 5/26 9yrs.
Carl E. 5/29 17yrs.

Dier-

June Dates

dine G. 6/01 17yrs.
dette J. 6/14 8yrs.
6/14 8yrs.
4yrs.

Laur-

Berna-
Booker P.
Laureese 6/17
Roy A. 6/17 15yrs.
Tony P. 6/19 17yrs.
April S. 6/20 7yrs.
Larry Y. 6/20 18yrs.
Gail G. 6/21 16yrs.

**Each One...
Teach One...
But First
We Must...
Reach One!!!**

Events...

The monthly social will be held on June 26th, 2010 @ The Martin Luther Kings Boys Club, 2950 W. Washington Blvd Chicago IL. Dance starts at 9:00pm. Come out and have a good time. Cost \$5.00, For more information contact Tim H. @ (312) 685.0474 Kids are not allowed.



Reach Out & I'll Be There.

Mid-City Area Newsletter

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Maywood, Illinois
On The Fifth Floor
Suite 501

Newsletter Chairperson Booker P.
Phone: 312-371-1213



Back Page Story Headline

The purpose of this step is to further our spiritual healing by creating an awareness of our lives in the present. We learn to use the principle and action of the previous steps. We apply what we have learned on a consistent basis. Life presents us daily with challenges and it cannot be stress enough how important it is to keep in touch with our thoughts, attitudes, feelings and behavior. We develop the self discipline to keep ourselves moving forward, striving each moment to become more self aware. By becoming more self aware we began to become less self-righteous because we see the impossibility of living up to the high expectations we have for ourselves and the humanness of others. As we see our defects of character acted out by ourselves and others, we take ownership of our actions. This is a bitter sweet step. It can be a sobering and painful thing to own up to and admit our mistakes, however this process aids us in changing our behavior which brings about tremendous freedom. Focusing on spiritual goals, obtaining spiritual goals for ourselves makes every moment of everyday of our lives a challenge. Concerns such as saving face, monetary gain, social position will become insignificant. The inner peace these actions bring about lessens the inner chaos we have known because we start to think about and take ownership of what we do and say. The added benefit of longer and longer periods of serenity is a byproduct of this process. We are learning to walk more closely within our system of belief.

Step Ten: Keeping **Our** side of the street clean.

Keeping our focus on our belief system and clearing away the barriers which stood between who we are and who we

want to be is the purpose of this step. Desire for feeding what we thought would bring us happiness and fulfillment guided our thoughts and actions. Now we find that emptiness that was so overwhelming that could not be filled being filled. This step requires us to think. By working the previous steps our self obsession begins to diminish and our awareness of a purpose for our lives fills the void. This brings about a closer contact to people, to life, and our system of belief. If we think about it our reliance on our belief system has changed from the very first step. Each step has brought about some positive change in our lives, by living the principles embodied in the steps. If we reflect on the insights, positive changes, the ability to see ourselves more clearly, and our impact on those in our life. If we think about the peace of mind we now have. There is no religious catch here. In Narcotics Anonymous our absolute and unconditional freedom to believe in any higher power we choose and our right to communicate with that power in whatever way conforms to our individual beliefs. We respect the rights of our members to form their own spiritual beliefs and frown on anything with the potential to dilute the spiritual message of recovery. Many of us have adopted an eclectic approach, borrowing our practices from a variety of sources and combining those which provide us the greatest comfort and enlightenment.

Step Eleven: In **Our God's Will** we find freedom from Self Will!

For many of us when we get to this step we may have some very unrealistic expectation of what is meant by a spiritual awakening. It is impossible for you be to the same person who walked into the doors of recovery if you have truly

worked the steps to the best of your ability, for that matter if you simply followed directions. The lessons, insights and the practices of principles of each of the steps individually and collectively has contributed to a extra ordinary transformation in the manner in which you think. This change in the manner in which we think has brought about a change in our actions and or behavior. For many of us we don't recognize the many and subtle changes the steps have brought about in our lives. We don't recognize the fewer problems we bring on ourselves like the heated differences of opinions we no longer engage in, or the need to have people see things our way, and the allowing ourselves to mindlessly follow whoever or whatever sounds good at that time. The changes in our point of view brought about by the practice of spiritual principles has been so gradual we may not have noticed. In the program we carry the message of recovery and never decide who the message is for. It's no one's affair other than God if another gets it or when and how it happens. We are not concerned with the number of times someone return to a self destructive lifestyle, but we are filled with joy every time they return and hope this is the time they make it. One of the greatest gifts we receive is the privilege to respond to a cry for help. We don't give advice, we share our experience, strength, and hope. We allow ourselves to become an instrument of our higher power. we make ourselves available as our higher power's tool to share recovery to those who seek it.

Step Twelve: The beginning is the end and the end is the beginning.