

FEBURARY 2010

Volume 1, Issue 1

February 2010

Mid-City Area Newsletter

A New Year & New Look!!!

A Moment of Silence

By Tony W.

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I've attended a whole lot of meetings where this statement has lost its meaning. Our founders and predecessors knew the meaning of it. They knew that prayer was an important part of the fellowship. I thank GOD for Jimmy K., Sylvia W. and Penny K. who made the decision to stick around and picked up the pieces after NA almost was not to be. They joined each other in a moment of silence to pray for the knowledge and will of GOD and also for the addict who was still sick and suffering. They knew that the steps and traditions are important and so very vital to the fellowship and program of NA, but they also knew the Importance of this statement too, for it's in that moment of silence where we as members show and give Respect to our Higher Power as we pray for those who are still sick and suffering.

It's in those prayers that so many of us found our way to the NA program, but now as we obtain some clean time, we tend to forget the power of that prayer. I am so amazed at how members when asked by a trusted servant to have a moment of silence, always respond with you do not govern or I'm grown. When I see that happening I think about the newcomer and what they must be thinking. We tell them that they are the most important person at any meeting, but what are we really showing them when we don't Respect the Moment of Silence?

A Word From The Editor...

I would like to thank each and every single member in the Mid-City Area for allowing me to be your newsletter chair. I'm hoping this newsletter has touched every recovering addict. This has also helped me in my recovery. I will also like to thank all the members who helped in submitting articles, poems, anniversaries, and quotes for the newsletter. I will like to give a special thanks to Tony W. For assisting and helping me on putting a new look on this years newsletter. We are thankful for all the members for sharing your experience, strength, and hope for every issue of the newsletter. May your Higher Power bless you beyond what words could ever say.

In Loving Service, your Chairperson

Booker P.

New Committee Members

Chairperson - Archie B.

Co Chair - Tony P.

Secretary - Michele R.

Rec & Act - Tim H.

Ad/ Hoc Chair - Staci W.



**Here's My Hand,
Let Me Help You Learn To Help
Yourself!!!**

Literature Chair - Calip C.

Policy & Administration - Alvin

Co-Treasurer - Emmett L.

Meetings in need of Support...

Lost & Found at Inner Voice 4458 West Jackson Mondays 11am to 12:30 pm. Needs Trusted Servants also.

For The Newcomer at 4458 West Jackson Thursdays 7 pm to 9pm.

A Safe Place at 321 North Mason Fridays 7pm to 9pm. In need of Trusted Servants also.

Recovery By Any Means Necessary at 2425 West Jackson Saturdays 3pm to 5pm.

Beginner's are Winners at 645 South Central Saturdays 7:30pm to 9:30pm Also in need of Trusted Servants.

**We Must Always Remain Grateful,
Thankful and Selfless in Our New Way
of Life!!!
All We Have Is...
"Today"**

Killer On The Loose...

I heard a woman say, "I don't need to make enemies because the real enemy is the Inner-me." I am going to pull the cover off one of the most petty, vindictive, cruel, callous, lustful, unforgiving, dishonest, manipulative, arrogant, judgmental, opinionated person I have ever had intimate contact with. In the steps I learned of my defects of character. This statement is a character defect in action. Why? One

of my defects of character is being acted on at this moment, they were there in the past, and they are not going anywhere in the future. I'm a liar. In reality my more glaring defects were pointed out to me by a sponsor in working the steps. The literature stated that a character defect should be done decisively. When we see how our defects exist in our lives and accept them, we can let go of

them and get on with our new life The keys are Prayer, Action and Learning. I need to surrender to the program, principals and my invisible friend who is always with me. If I fail to take them I will find myself saying things like my character defects serve me well.

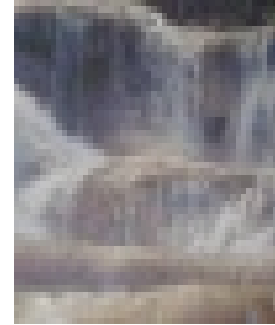
Birthday Dates...

Ron C. 01/27

Carlos R. 02/08

Wakisha T. 02/10

Samantha T. 03/03



Clean Dates...

Ron C. 01/01 8yrs

Robert M. 02/11 2yrs

Kevin W. 02/18 7yrs

Edna L. 02/25 2yrs

Randy M. 03/16 2yrs

Greg C. 03/27 19yrs

Eric 03/29 15yrs

Patricia G. 02/18 18yrs

Willie D. 03/01 7yrs

Cherika B. 03/04 18mo.

**Each One...
Teach One...
But First
We Must...
Reach One!!!**

Events... "Women Of Integrity" 3rd Annual Speakerthon

HOPE 1

3679 West Grand Avenue

Chicago, Illinois

Youth Center Church

April 17, 2010

11:30am to 9:30pm

This is a NO Profanity Speakerthon. Food & Drinks will be sold. Any Questions call Pam P. at



(773) 307-5352 or Daria W. at
(773) 732-7839

Reach Out & I'll Be There.

Mid-City Area Newsletter

1701 South 1st Avenue
Maywood, Illinois
On The Fifth Floor
Suite 501

Newsletter Chairperson Booker P.
Phone: 312-371-1213
Co-Chair Ray S

We are on



We



Goodbye Heroin... By Glenda Michelle.

Good afternoon heartache! Let me start this letter off by saying it's been real. I was always loyal to you. In return you helped me destroy my life. I remember when you use to make me feel like nothing else in the world was important but the two of us. You took away feelings of shame, guilt, anger, abandonment and danger. You gave me courage that was surreal. I remember when you gave me the courage to get high with my mom. I loved you for that. I thought I would never be able to have a relationship with her. I stole for you. I gave up my body so that you and I could have a rendezvous. I sold drugs to support you. I went to jail for you. Let's not forget about all those relationships I gave up to be with you. My children wondered where I was. I was with you because you consumed my every thought, my everyday My eyes are open now. I no longer want to be apart of this one

sided love affair. I gave up everything for you!!! Everything I thought you gave me you took it back. Allow me to explain so we never have to come in contact again. When you made me feel like nothing else was important but us, that was never real, some of it is still present today. That false sense of courage was just that... False!!! The things I thought you gave me was never yours to give.

I have a Higher Power that Loves me and remember you told me that those people in Narcotics Anonymous would never accept me. That was a lie. I need to let you know that not only do they accept me, I'm a member. The only requirement for membership is a desire to stop using. Last but not least they loved me until I was able to Love myself. Thank you Narcotics Anonymous for Saving my Life!!!