



# Mid-City Area

1701 S. 1st Ave. Maywood, IL  
ON THE FIFTH FLOOR SUITE  
508A

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Our CHAIRPERSON

*Newsletter Chairperson*

*Booker P.*

*312-371-1213*

## Mid-City Area present our

MONTHLY SOCIAL  
NEW LOCATION

Mt.Vernon Church 2622 W.Jackson St.  
Chicago, IL

Saturday, August 22, 2009

Begins at 8:00pm

MID—CITY AREA

PLEASE COME OUT AND GIVE BACK WHAT WAS SO FREELY  
GIVEN TO YOU.

WELCOME TO ALL NEW TRUSTED  
SERVANTS



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### POINT OF INFORMATION

It is suggested and important for GSR'S or  
GSR- AIDES of any group to attend the mid-city  
monthly area meeting. We are in need for all groups  
to come out and give their well needed support.



Progressive Step Meeting

All Manifestations For The Recovering Person

5651 W. North Ave.

Tuesday @ 6:00pm-8:00pm

Womens Issues

Friday @6:00pm-8:00pm

Needs Support & Trusted Servants

No Addict

1409 N. Pulaski Rd.

Friday @ 6:00pm– 8:00pm

Needs Support & Trusted Servants

For The Newcomer

4458 W. Jackson

Thursday @ 7:00pm-9:00pm

Needs Supports & Trusted Servants

**CHICAGOLAND REGIONAL ANNUAL PICNIC**

**DOWNTOWN CHICAGO**

**BICENNTENIAL GRANT PARK**

**EAST MONROE & LAKE SHORE DRIVE**

**SATURDAY - AUGUST 22, 2009**

**DAWN TO DUSK**

**FOOD FUN & FELLOWSHIP**

**CHILDREN ACTIVITY**

**DINNERS SERVED @ 1 PM/ POP @ WATER SOLD**



## “MID-CITY MONTHLY SOCIAL”

These are the upcoming dates for the Mid-City Monthly Social for the coming Year of 2008

<u>Month</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Aug.	8/22	8:00pm	Mt Vernon 2622 W,Jackson
Sept.	9/26	8:00pm	Mt.Vernon 2622 W.Jackson
Oct.	10/24	8:00pm	Mt.Vernon 2622W.Jackson



In Loving Service,  
 Rec. & Act. Chair: Dorothy F.

## Clean Dates

Carlos .M	07/09/96	Cassie J.	08/31/94
James W	07/24/06	Barbara M.	07/30/96
George T.	08/01/98	Eric F.	08/02/94
Alonzo C.	08/08/95	Myrna J.	08/17/04
Jackie M.	08/24/94	Don T.	08/28/05
Darvin W.	08/30/02	Big Dennis F.	08/15/08



*Hold on  
 change  
 Is coming  
 There  
 Hope*



## Birthday's Dates

Cassie J.	8/06	Archie B.	8/26
Dennis H.	.8/07	Martin D.	8/30
Tina G.	8/10	Barbara G.	8/31
Cornell M.	7/30	Glenda	8/14
Gloria M	7/30	Babara M.	7/30
Demetrius G.	7/31		



## TRADITION TWO

“For our group purpose there is but one ultimate authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

To me this is the most important tradition, not to say that they all are not important, but this one gives honor where it is due. Narcotics Anonymous is a God-given program, and we can maintain our group with dignity only with group conscience and God’s love. God is rule ultimate authority for without Him there’s no us or this program. This tradition concerns the nature of leadership in N.A. Our leaders are elected to office by its members and have pledge to be of service to that office. They check their Ego’s at the door because they are not bigger than the fellowship. They must help maintain an atmosphere of recovery because it’s our most valued asset and we must guard it carefully. So to make it very simple is this; God is in control and we must remain submissive to His will, and our leaders are there to serve Him first then the group. They must also remember that just as they got voted in they can be voted out if they think they are bigger than the group. This insert from the Basic Text; True spiritual principles are never in conflict; they complement each other. The spiritual conscience of a group will never contradict any of our Traditions.

Tony W.

### Keep it simple      May 31

“We live a day at a time but also from moment to moment. When we stop living in the here and now, our problems become magnified unreasonably”

**Basic Text ,P.96**

Life often seems to complicated to understand, especially for those of us who’ve dodged it for so long. When we stopped using drugs, many of us came face to face with a world that was confusing, even terrifying. Looking at life and all its details, all at once, may be overwhelming. We think that maybe we can’t handle life after all and that it’s useless to try. These thoughts feed themselves, and pretty soon we’re paralyzed by the imagined complexity of life. Happily, we don’t have to fix everything at once. Solving a single problem seems possible, so we take one at a time, We take care of each moment as it comes. We learn to stay clean just for today, and we approach our problems the same way. When we live life in each moment, it’s not such a terrifying prospect. One breath at a time, we can stay clean and learn to live.

**Just for today;** I will keep it simple by living in this moment only.

Today, I will tackle only today’s problems ; I will leave tomorrow’s problems to tomorrow.

