



West Suburban Area
Narcotics Anonymous

Meditation Meeting and Hiking
Saturday, September 25, 2010 @ 10AM
Waterfall Glen
Darien, IL
(map on reverse)

Park and meet at Cass Ave and Bluff Rd. There
will be a short hike to the meditation site.

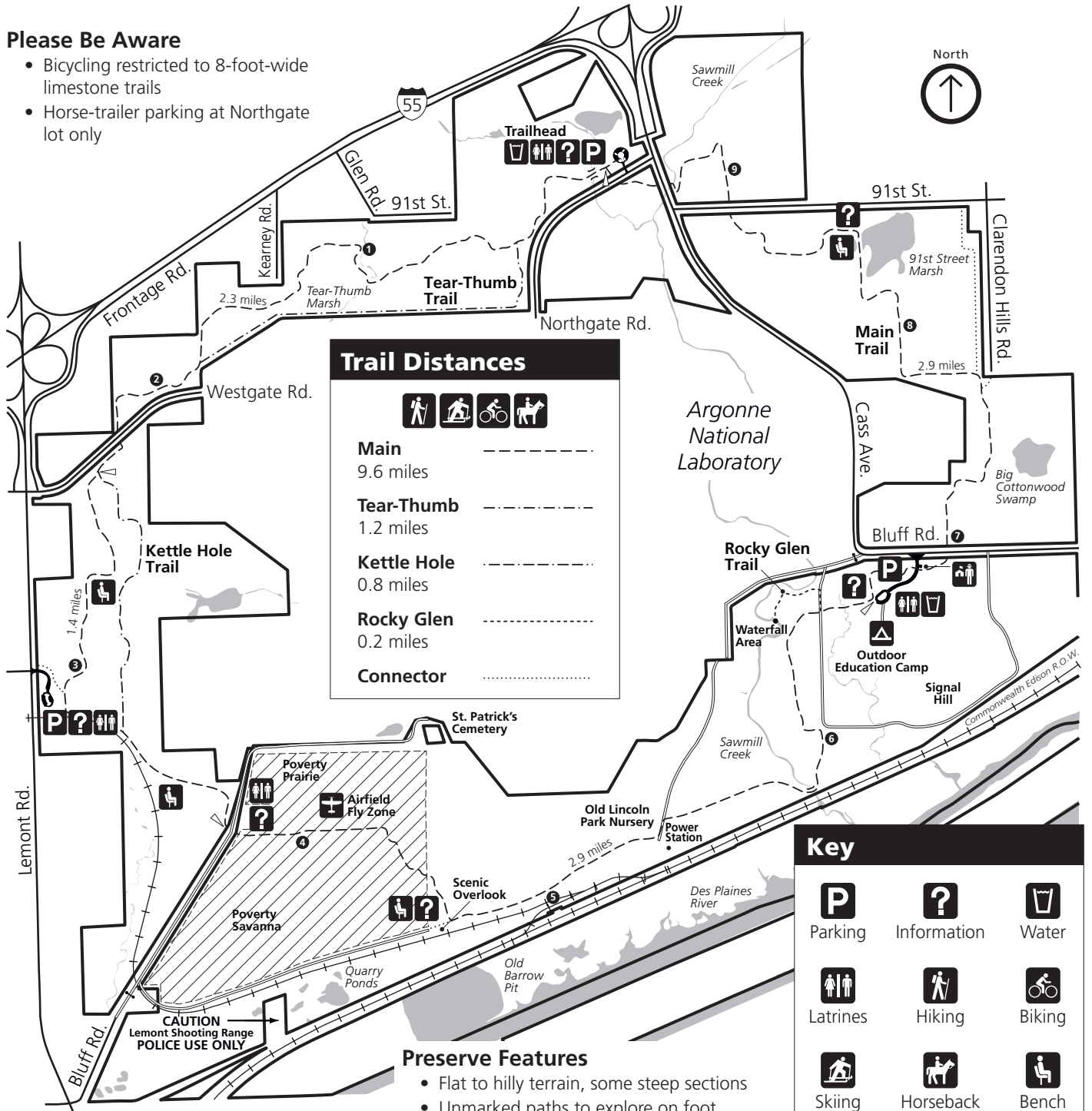
Rain date to be determined

Dana L. 630-967-8118
Kevin S. 630-935-5547

Waterfall Glen Forest Preserve

Please Be Aware

- Bicycling restricted to 8-foot-wide limestone trails
- Horse-trailer parking at Northgate lot only



Location

The main entrance is on Northgate Road. From I-55, take Cass Avenue 0.5 mile south to Northgate Road. Turn right on Northgate, and go 400 feet to the lot. To reach the Outdoor Education Camp parking lot, take Cass Avenue 1.5 miles south of Northgate Road to Bluff Road. Take Bluff Road 0.3 mile east to the lot. A third parking lot is on the east side of Lemont Road, 1 mile south of I-55.

Preserve Features

- Flat to hilly terrain, some steep sections
- Unmarked paths to explore on foot
- Prairies, savannas, oak-maple woodlands, scenic overlooks — home to 75 percent of plant species in DuPage
- South leg of Main Trail — remnants of early-1900s Lincoln Park Nursery (Lincoln Park Commission being the predecessor of the Chicago Park District)
- Small Civilian Conservation Corps-built waterfall in Rocky Glen Area
- Joliet and Marquette Des Plaines River canoe route

EMERGENCY — 911

